



Mindful Kids Miami, Inc.
www.mindfulkidsmiami.org

Proudly Presents:

"A MINDFUL MIAMI"

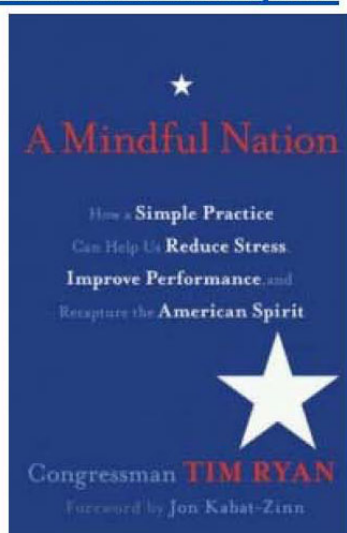
~ featuring ~

U.S. REPRESENTATIVE TIM RYAN

inspiring voice in Washington, D.C.,

and author of

A MINDFUL NATION - How a Simple Practice Can Help Us Reduce Stress, Improve Performance, and Recapture the American Spirit.



**JOIN US FOR AN ENLIGHTENING SESSION EXPLORING
HOW MINDFULNESS IS BEING USED BY:**

EDUCATORS & SCHOOLS

THE LEGAL COMMUNITY

MARINES IN TRAINING

VETERANS HEALING FROM TRAUMA

HEALTHCARE PROFESSIONALS

CEOs & EXECUTIVES LIKE THOSE AT GOOGLE

TOP ATHLETES

NON-PROFITS SERVING AT-RISK KIDS & TEENS

~ also featuring ~

VALERIE YORK-ZIMMERMAN,
Founder of MINDFUL KIDS MIAMI, INC.

AMISHI JHA, Director of Contemplative Neuroscience,
Mindfulness Researcher, UM Dept. of Psychology

SCOTT ROGERS, Founder of the Mindfulness in Law Program,
UM School of Law

Hours & Location

RSVP: Please RSVP to Amy Kimball at aclairekimball@gmail.com
Free Community Event. Space is Limited

WHERE: STORER AUDITORIUM,
University of Miami, School of Business, 5250 University Drive

WHEN: SATURDAY, FEBRUARY 9, 2013

TIME: PRESENTATION, Q&A, and BOOK SIGNING: 4:00 until 6:00 p.m.
RECEPTION on the CESARANO PLAZA: 6:00 until 7:30 p.m.

PARK: PAVIA GARAGE
(Ask the Information Booth on campus for directions or park at meters)